



Patient Name: \_\_\_\_\_ Date / Time of Appt: \_\_\_\_\_ at \_\_\_\_\_

**Duane J. Harris, MD and the staff of Intermountain Allergy & Asthma of Draper welcome you to our practice!**  
The following information is provided to help make your visit as comfortable as possible.

**To minimize the time you must spend in our office, please complete the enclosed questionnaire and bring it with you to your appointment.** If you do not complete this form at home, please arrive 30 minutes before your scheduled appointment, as the time we have scheduled for you does not allow for completion of the questionnaire. Parental consent is necessary for medical treatment of patients under the age of 18. It is preferable to have a parent in attendance. If for some reason this is not possible, a signed consent will be required.

Please do not wear perfume, cologne, strong-smelling hair sprays, etc. to your appointment. These can trigger asthma attacks in some patients.

Skin tests are usually placed on the back, so please wear clothing that may easily be removed from the waist up. **An initial allergy evaluation may take 2-4 hours.** If you unable keep your scheduled appointment, please notify us as soon as possible.

Certain medications such as antihistamines, allergy relief and hay fever medications, and over-the-counter nighttime pain relief or sleep aid medications can interfere with allergy testing. For this reason, we ask that you stop taking these medications prior to your appointment according to the following:

#### MEDICINES TO STOP PRIOR TO TESTING

- **3 days prior to allergy testing** - Antihistamines - Allergy relief, hay fever and cold medicines (including Benadryl), over-the-counter nighttime pain relief or sleep aid medications (i.e., Alka Seltzer PM, Excedrin PM, Nytol, Sominex, Tylenol PM, etc.)
- **4 days prior to allergy testing** – Allegra (fexofenadine), Claritin (loratadine), Zyrtec (ceterizine)
- **5 days prior to allergy testing** – Atarax (hydroxyzine), Clarinex (desloratadine), Xyzal (levoceterizine)
- **If you have an itchy rash (such as hives), continue to take all of your regular medications up to the time of your appointment.** If skin testing is needed after the initial evaluation, you will be given instructions for discontinuing your hive medications, and a skin testing appointment will be scheduled for a different day.

#### MEDICINES TO CONTINUE TAKING PRIOR TO ALLERGY TESTING

- Asthma medicines
- Nasal (nose) sprays
- Inhalers
- Antibiotics
- Steroid medications such as Medrol and Prednisone
- All medications currently being taken for non-allergic conditions including antibiotics
- Continue your usual diet.
- **If you have asthma, continue to take all of your regular asthma medications up to the time of your appointment.**

**If you have questions about medications that should or should not be taken, please call our office at (801) 553-1900.**

#### PLEASE BRING WITH YOU TO YOUR APPOINTMENT:

- **Referral** - if required by your insurance
- **Insurance Card**
- **Photo Identification** - *If your photo ID does not include your current address, please bring a utility bill or other correspondence showing current address.*
- **Co-payment** - Your co-payment or 20% of your billed charge will be due at time of service. There will be a service charge of \$20 for all co-payments not paid at time of service. If you have any questions regarding your insurance coverage, contact your insurance company before your appointment. For non-insured (self-pay), please contact our billing department to make payment arrangements.